

"THE FIRST WEALTH IS HEALTH."

RALPH WALDO EMERSON

ESSAYIST, LECTURER AND POET



To mark World Diabetes Day

Dun Laoghaire Lions Club

&

Dun Laoghaire Nutrition Alliance

present.

**A free information service to parents of
school going children
on how to..**

**Save on the cost of family meals while
reducing the risk of Diabetes in your family**

November 4th & 11th 10.30–11.30 AM

MOUNTTOWN COMMUNITY FACILITY

DUN LAOGHAIRE A96 KR65

PHONE: [01-6636131](tel:01-6636131), email or call in to book your place. Spaces are limited

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world diabetes day
14 November